

2023 All State Cross-Country Division 5 Girls



First Team

Elsa Krummel-Bay School
Ella Mogannam-Lick Wilmerding
Ayanna Hickey-The Bishops School
Olivia Teates-Francis Parker
Clara Riddle-Immanuel
Caroline Chang-Lick Wilmerding
Lucinda Laughlin-University, SF



Second Team

Ella Murray-Pacifica Christian
Lucy Peterson-Bay School
Deidre Kenny-Convent & Stuart Hall
Anna Salter-Crystal Springs
Sophia Nichol-University, SF
Ariella Llorens-Francis Parker
Mikele Jopson-John Adams



Third Team

Ashleigh Schein-Xavier College Prep
Joyce Li-St. Margaret's
Luella Shepard-Marin Academy
Lindsay Clive-Smith-Francis Parker
Gaby Ramírez-Immanuel
Charlotte Lyon-Convent & Stuart Hall
Aspen Hacker-Kern Valley



Team Scores

State Top Five 2023

1. Crystal Springs	97*
2. Immanuel	97
3. University, SF	108
4. Francis Parker	110
5. Lick Wilmerding	119

*Crystal Springs wins on faster #6 runner

