

2023 All State Cross-Country Division 4 Boys



First Team

Emmanuel Perez-Cathedral
Lucas Cohen-Albany
Broen Holman-Sonora, SJS
Eli Fitchen-Young-Santa Cruz
Zion Ortiz-Burroughs Ridgecrest
Henry Baun-Yreka
Ethan Parcels-Rim of the World



Second Team

Sam Franco, St. Francis, SS
Emmanuel Hernandez-Cathedral
Bradley Arrey-JSerra
Saul Orozco-JSerra
Callum McBride-Albany
Evan Torres-Parlier
Auge Martin-St. Francis, SS



Third Team

Cooper McNee-Oaks Christian
Matthew Shanahan-Bishop Montgomery
Christian Yoder-Oaks Christian
Kai Lange-Dei-High Tech
Chance Leandro-Foothill Tech
Aidan Aldana-St. John Bosco
Kael Jex-Big Bear



Team Scores

State Top Five 2023

1. St. Francis, SS	66
2. JSerra	124
3. Foothill Tech	168
4. Miramonte	175
5. Cathedral	184

