

2023 All State Cross-Country Division 3 Girls



First Team

Hanne Thomsen-Montgomery
Gioanna Lopizzo-La Costa Canyon
Shea Volkmer-Campolindo
Lindsay Zimmer-Cathedral Catholic
Seela Kittelstrom-Montgomery
Melisse Djomby Enyawe-CDM
Alexandria Pena-Cathedral Catholic



Second Team

Amrie Lacefield-Montgomery
Annie Ivarsson-Dana Hills
Grace Durham-St. Francis, SJS
Becky Osorio-West Covina
Isabella Ramos-Point Loma
Alahna Thomas-Santa Margarita
Scarlett Martin-Cathedral Catholic



Third Team

Quinci-Lott-Dana Hills
Cynthia Herrera-Canyon, CC
Daisy Penney-Campolindo
Cassidy Kajita-Thousand Oaks
Brenna Mannion-Vista Del Lago
Riley Szuba-Santa Margarita
Kamilah Salim-West Torrance



Team Scores

State Top Five 2023

1. Cathedral Catholic	83
2. Campolindo	92
3. Santa Margarita	187
4. Dana Hills	195
5. West Torrance	236

